

Kent Swimming Championships 2022

Individual Event Programme

Dover Weekend One

		Sat, Jan 22, 2022				Sun, Jan 23, 2022				
Session 1	Warm Up Time	13:00	Warm Up		Session 3	Warm Up Time	9:00	Warm Up		
	Race Time	13:30	101	Boys 400 Free HDW		Race Time	9:30	201	Boys 200 Back HDW	
	Warm Up Time	14:25	Warm Up			Warm Up Time	10:20	Warm Up		
	Race Time	14:55	103	Girls 200IM HDW		Race Time	10:50	202	Girls 200 Breast HDW	
Session 2	Warm Up Time	16:00	Warm Up		Session 4	Warm Up Time	11:40	Warm Up		
	Race Time	16:30	104	Boys 200 Free HDW		Race Time	12:10	203	Boys 200 Breast HDW	
	Warm Up Time	17:15	Warm Up			Warm Up Time	12:50	Warm Up		
	Race Time	17:45	105	Girls 400 IM HDW		Race Time	13:20	204	Girls 200 Back HDW	
		est finish	18:23							
						Session 5	Warm Up Time	14:15	Warm Up	
							Race Time	14:45	205	Mixed 1500m HDW
						est finish		17:22		